

Directions Mental Health Case Study on Harry Potter using the Existential-Humanistic Therapy

6 to 8-page (not including cover sheet or reference list) paper applying a theory that we have covered in class to a character from a popular movie, book, or television show. This paper should be concise, organized, and presented in APA 7th edition writing style. You must use information we have covered in class and at least three peer-reviewed academic sources to support your ideas. Quality papers will be organized with level headings that address the following prompts:

- a. Introduction that briefly describes the character, the theory you chose, and what major themes the reader should expect from the rest of the paper.
 - b. A section in which you describe the details of the case study, address relevant areas of the client's bio-psycho-social experience (work, family, health, mental health, cultural identities, etc.), and describe the problems they face. You may choose to elaborate on the character's personal information that you don't know in order to best make your argument for use of the theory.
 - c. A section in which you briefly describe the counseling theory you have chosen and why you chose it for this particular client. At minimum this section must include:
 - i. the theory's view on the nature of people
 - ii. the theory's view on what creates distress
 - iii. the theory's view of what creates change
 - iv. the role of the counselor
 - v. how/if the theory addresses diverse clients and cross-cultural counseling relationships
- This should not be an extended discussion; just remind your reader of the major concepts, including any that you find particularly salient to the case at hand, and any relevant research that may come into play when you write the next part.
- d. A section in which you apply the theory to the case. You should describe at least one short term and one long term goal and how you would use the theory to help your client accomplish them. It is important that you use this section to connect client characteristics to concepts from the theory. (Hint: use the vocabulary of the theory). This section represents the main objective of the assignment and is the place where you get to assert your own voice.
 - e. A conclusion that summarizes your main points.
 - f. An APA 7th edition reference page

